Quest Diagnostics

SPECIMEN INFORMATION

SPECIMEN: LV340301F REQUISITION: 00954919

Lab ref no:

COLLECTED: 2019/02/14 12:54
RECEIVED: 2019/02/14 12:55
REPORTED: 2019/02/19 14:43

PATIENT INFORMATION

John, Smith

DOB: September 11, 1984

AGE: 20 GENDER: Male FASTING: Unknown

Clinical Info:

REPORT STATUS: FINAL

ORDERING PHYSICIAN

Jane, Doe

CLIENT INFORMATION

2019-02-19 14:43:00 -0800

Lab Testing API 280 Madison Avenue Room 912, 9th Floor New York, NY 10016

Result	Flag	Reference Range	Lab
183	NORMAL	<200 mg/dL	01
44	LOW	>50 mg/dL	01
265	HIGH	<150 mg/dL	01
	44	44 LOW	44 LOW >50 mg/dL

If a non-fasting specimen was collected, consider repeat triglyceride testing on a fasting specimen if clinically indicated.

Jacobson et al. J. of Clin. Lipidol. 2015;9:129-169.

LDL-CHOLESTEROL 101 HIGH mg/dL (calc) 01

Reference range: <100

Desirable range <100 mg/dL for primary prevention; <70 mg/dL for patients with CHD or diabetic patients with > or = 2 CHD risk factors.

LDL-C is now calculated using the Martin-Hopkins calculation, which is a validated novel method providing better accuracy than the Friedewald equation in the estimation of LDL-C.

Martin SS et al. JAMA. 2013;310(19): 2061-2068 (http://education.QuestDiagnostics.com/faq/FAQ164)

CHOL/HDLC RATIO 4.2 NORMAL <5.0 (calc) 01
LDL/HDL RATIO 2.3 NORMAL (calc) 01

Below average Risk: <2.34 Average Risk: 2.35-4.12 Moderate Risk: 4.13-5.56

High Risk: >5.57

NON HDL CHOLESTEROL 139 HIGH <130 mg/dL (calc) 01

For patients with diabetes plus 1 major ASCVD risk factor, treating to a non-HDL-C goal of <100 mg/dL (LDL-C of <70 mg/dL) is considered a therapeutic option.

## Performing Laboratory Information:

01: Quest Diagnostics-Wood Dale, 1355 Mittel Blvd, Wood Dale IL, phone: , Medical Director: MD Anthony V Thomas